



MESSAGE FROM THE DISTRICT GOVERNOR

Click on the image of
District Governor Fred
Wright to watch his video

UPCOMING EVENTS

March 10-12 - District Leadership Seminar
March. 14 - District Board Meeting

DISTRICT CONFERENCE REGISTRATION NOW OPEN

ImaginAction District Conference 2023 registration is now open. Join us May 11-14th 2023 in Saskatoon at the Travelodge for the District's most unique conference **EVER!**
[REGISTER HERE](#)

One of the highlights of being in person at the ImaginAction District Conference 2023 will be a visit to Wanuskewin Heritage Park on Friday May 12th. During your visit to this National Historic Site, you have a couple of hours to enjoy a hike through the plains where Indigenous peoples lived for thousands of years, tour the galleries or visit the gift shop. A wonderful supper inspired by the land and which includes locally sourced products and ingredients will follow. Rhett Sangster, Director, Office of the Treaty Commissioner of Saskatchewan will be our keynote speaker for the evening.



There is only room for 150 guests for this supper, so register early.

When registering, enter guest or spouse information only if purchasing full registrations. You can purchase extra meal tickets for both the Wanuskewin evening (quantities limited) and for the supper and dance on Saturday night at the Travel Lodge.

We have 30 rooms reserved at the Travelodge (15 business King and 15 standard Queen) at a discounted rate of \$129 plus taxes per night. These rooms will be held until April 10th, so book early to avoid disappointment. Call the Travelodge at 306-242-8881 and quote block code 0511LBROT for the discounted rate.

Early Bird registration pricing for the conference is \$275.00 until March 31st. On April 1st, the registration amount goes to \$325 so save by registering now. Spousal fee is the same price due to the amazing meals they will have the opportunity to enjoy with you. Virtual registration cost is \$75.00.

Saskatoon members look forward to seeing all District 5550 Rotarians here in Saskatoon in May. If you have any questions not answered yet, feel free to email nutanarotary@gmail.com with your inquiries. Full details and registration can be found at rotarynutana.org. **See you May 11th!**

SUPPORTING EDUCATION IN GUATEMALA

Kenora Rotary Club is sponsoring 4 students from Guadalajara Mexico @ \$300US each (from 2022-2023 budget) – the program has 15 students and is in its 25th year.

Cynthia Navarro Castillejos – She is in her 4th semester of 6. She got 100% in school. Cynthia wants to go to university. She is grateful for the support we give her so that she may continue her studies. She uses the money for books. She entered a contest of “Literary Creators” and won. This will be published in a book along with others who entered the contest. She is very excited about this book. She thanks us from the bottom of her heart.

Roxana Maria Barajas Agulia – She is in her 4th semester of 6. Her average after last semester was 99%. She thanks us for the support as it is a great opportunity to continue advancing in her studies. She also thanked us to taking into account her efforts and perseverance to move forward. She will strive until she reaches her goal. She gives us her sincere thanks and wishes us the greatest success.

Valentina Guadalupe Mora Romero –She is in her 3rd semester of 6. Her average is 93%. She wants to study a career that she will like to work in. She thanks us for the help we are giving her so that she can complete her studies and make it a little easier for her. It is very important to her because it is something that helps her to be able to continue studying so that she can dedicate herself to what she wants. She really appreciates it.

Paola Flores Aguirre – She is in her 4th semester of 6 semesters. Her average is 99.11%. She wants to get her Bachelor’s degree and then work in her field of study. She hopes we are well and thanks us for the support she and her family have received. She thanks us for giving her the opportunity to continue with her studies.



The girls from left to right are Paola, Cynthia, Valentine and Roxanne

MEMBERSHIP MOMENT

Taking the temperature of your club.

Question to ask club members.

What do you get out of Rotary?

From our District Survey the 2 main reasons people join Rotary are:

- Have a local impact on their community.
- Fellowship

What was your reason for joining?



Pics from the annual Rotary Club of Dauphin 5K Snowshoe race





District Leadership Seminar

March 10 to 12

Russell, Manitoba

Participate in person or virtually

Open to all Club Leaders

Click on the image on the left to register

GRATITUDE IS A GREAT ATTITUDE by Fred Wright, DG

Please consider sending me your kudos and we will publish them in this newsletter.

Thank you to Candace Odishaw for handling the registration for our District Conference.

Thank you to all of you who look for information on our District website.

Thank you to Ron Nordstrom for his creativity and diligence in producing this newsletter every month.

Thank you to Duane Hayunga for his work in keeping our website up to date.

Thank you to Ken Singer for keeping our District Facebook site up to date.

Thank you to my first year English Professor at University of Calgary who taught me that everyone has a sad story.

Thank you to Marion for editing what I write and for helping me to learn that it is okay to feel sorry for oneself, as long as it doesn't last more than 6 minutes/day.

I am so grateful that I have had the opportunity to learn these lessons and my gratitude has helped me to be very happy.

What are YOU thankful for?



ROARY SPOTLIGHT ON MITCH ZABA



My name is Mitch Zaba, member and Past President of Rotary Club of Regina.

I joined Rotary 10 years ago at the same time I bought my first house and started my career. You could say Rotary was part of me becoming an adult.

When I joined Rotary, I wasn't sure what to expect. I wanted a place to network and give back to the community. What I gained is lifetime friendships, confidence public speaking, club management, as well as a greater understanding of our community and the people trying to shape it for the better.

In the last 5 years, I married my wife, Dorris. We have a 2 and 1 year old as well as a 3rd child due July 5th. We are a sucker for punishment.

This photo was taken recently at a baby shark show at a trampoline park. My 2 year old is not a fan of any mascots.

That's it for now. I wish everyone a healthy and prosperous 2023. Green grass on the golf course is just around the corner.



ROTARY SPOTLIGHT

Each month we would love to spotlight one or more District Rotarians. Please submit suggestions with background information to newsletter editor, Ron Nordstrom via email. Email rnord@mymts.net



HUMAN TRAFFICKING SYMPOSIUM

APRIL 2 & 3

CANADIAN MUSEUM FOR HUMAN RIGHTS

CLICK THE GRAPHIC ON THE LEFT FOR
MORE INFORMATION

MEMBER ENGAGEMENT

At a recent President's meeting, participants had a chance to share how they are trying to keep their members engaged. Here are some of their responses.

1. Asking our members to find speakers for a month, each month, 2 members are assigned together to arrange speakers. We are trying to put together new members with older members to work together.
2. Asking our members to Participate in city wide fun events
3. 2 times a month volunteer sign up at Friendship Inn, Food Bank, etc for 2-hour shifts
4. Exec Strategic Planning Session Wine, Cheese and club planning for 2023/2024
5. Each month, we have been having one meeting outside of our regular meeting place, either at an interesting location or at least one hands on activity in the community. Last month we were at Nutana Collegiate to view their World War 1 Art exhibit and next month we will be at Oskayak High School, where we give 2 yearly \$1000 scholarships. The hands-on projects have led to even a couple of times a month helping out at the Foodbank warehouse preparing boxes. We get around 7-9 people each time and thankfully not always the same people.
6. There are still some members that are aging that have not gotten out to any meetings lately, but it was nice that at our annual Christmas Party in December that 2 or 3 members we haven't seen at any weekly meetings this Rotary year, were able to join us.
7. Brenda Banbury has planned a 5 club get together on March 25th and many of our club members are interested in attending which will be great for another get together between the clubs. The last one, you may remember, you also attended. A great way to see and meet members from other clubs.
8. Our club is also planning a Fireside Chat on April 2 and since it is a Sunday, I think we will have a good turnout of the new members. Some of the veteran members will also be in attendance helping talk about important Rotary information new members should know, plus time for fellowship.
9. Lead by example in doing the tasks that are required for the programs and encouraging/ supporting other members to take action on the programs and ideas they have that they are passionate about. I take note of areas they have shown interest and invite members to participate in activities that support those areas of interest.
10. Rotate the Sargent of Arms role when we have meetings
11. Regular community events like Manitoba Harvest and fund raisers.
12. Member get togethers such as fellowship events and fireside chats.



Tell us about your successes. What did your club do for World Polio Day? Tell us about a fundraiser or project your club is involved with. We would love to hear about it and place it in a future newsletter. Email rnord@mymts.net.